



## Kybella Informed Consent

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Kybella is an FDA approved cosmetic injection indicated for improvement in the appearance of submental fullness associated with submental fat in adults. The results of Kybella are not immediate. At your first treatment visit you will receive a series of injections in the submental area. At the time of injection and for several days following the injections you will have swelling in the submental area. Kybella will cause the fat cells to diminish gradually over the course of the next month following your injection in the treated area. A series of treatments may be necessary to achieve optimal results, and these will occur at no sooner than the one month interval. Your Registered Nurse will decide the appropriate number of treatment sessions and the amount of Kybella you will need at each session.

The current FDA approved use is for the area under the chin (double chin). Use of Kybella in other areas is considered "off-label" and safety and effectiveness is not known. It may take 1 to 2 months to see the final results and typically 2 to 4 treatments are needed. In some cases, there may be no improvement in the treated area. The results are expected to be long-lasting but depend on other factors such as aging and your individual body weight and composition.

**ALTERNATIVE TREATMENTS** Alternatives include not performing the treatment at all. Other alternative treatments which vary in sensitivity, effect and duration include nonsurgical fat reduction with heat energy or cold therapy, liposuction, and surgical fat removal. Disclaimer of "Off-Label" use – Currently, Kybella is approved for use in the fatty tissue under the chin. However, once a product is FDA approved, it may be used in other areas of the face and body as determined by a medical professional. Therefore, Kybella may include off-label use in an effort to give the best result possible.

**RISKS OF FAT REDUCTION INJECTIONS** Every procedure involves a certain amount of risk, and it is important that you understand the risks involved. An individual's choice to undergo this procedure is based on the comparison of the risk to potential benefit. Although the majority of patients do not experience the following complications, you should discuss each of them to make sure you understand the risks, potential complications, and consequences of fat reduction injections.

**Side Effects:** Side effects of Kybella may include: bruising, swelling, numbness, induration, marginal mandibular nerve injury, dysphagia (difficulty swallowing), bleeding, tenderness or discomfort, tissue necrosis, hyperpigmentation, redness, or alopecia at the site of injection.

Alopecia: Kybella injections could cause small patches of alopecia in the treatment area.

Pre-Instructions: You should not be pregnant, nursing an infant, have a history of a bleeding disorder or infection of the area to be treated. The morning of your treatment you should take ibuprofen if you are able to tolerate this medication. Also, you should tell the nurse if you take any blood thinners or aspirin or have a history of any issue with lidocaine or epinephrine.

Post Care Instructions:

- Ice packs may be used to the treated area during the first 12 hours – ice for 15 minutes on every hour
- Do not massage the injection site
- If you are able to tolerate ibuprofen take 200mg three times daily beginning the day of your treatment and for the following four days
- Avoid heavy exercise the day of your treatment

Notify Beautox Bar LLC if any significant swelling, bleeding, pain, dusky discoloration, difficulty swallowing or smiling, or fever occurs.

Alternatives: As explained not all submental fullness will respond to Kybella. Other alternative treatments are liposuction to the area, a neck lift and/or platysmaplasty procedures.

I CONSENT TO THE TREATMENT OF KYBELLA INJECTIONS AND I HAVE READ THE ABOVE LISTED ITEMS. I AM SATISFIED WITH THE INFORMED CONSENT PROCESS.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_