



Kybella® Pre and Post Treatment Instructions

Pre-Instructions: You should not be pregnant, nursing an infant, have a history of a bleeding disorder or infection of the area to be treated. The morning of your treatment you should take ibuprofen if you are able to tolerate this medication. Also, you should tell the nurse if you take any blood thinners or aspirin or have a history of any issue with lidocaine or epinephrine.

Post Care Instructions: Ice packs may be used to the treated area during the first 12 hours – ice for 15 minutes on every hour

- Do not massage the injection site
- If you are able to tolerate ibuprofen take 200mg three times daily beginning the day of your treatment and for the following four days
- Avoid heavy exercise the day of your treatment

Notify Beautox Bar LLC if any significant, swelling, bleeding, pain, dusky discoloration, difficulty swallowing or smiling, or fever occurs.

Alternatives: As explained not all submental fullness will respond to Kybella. Other alternative treatments are liposuction to the area, a neck lift and/or platysmoplasty procedures.