



InMode Evolve Aftercare

Post-Procedure

There is absolutely no recovery period or downtime associated with EVOLVE TITE, TONE or TRIM. Patients can return to normal activities immediately after this non-surgical treatment. Redness and warmth in the treated areas are common, which will subside after a few hours.

- It is best to stay away from saunas/ hot tubs/ hot baths, for the first 24 hours after treatment.
- If you have a “hot spot” or red area, simply ice it for 10 minutes to reduce the redness.
- Drink lots of water and stay hydrated

*We cannot treat anyone with a pacemaker or defibrillator or metal implant in area being treated.