



BEAUTOX BAR

Beautox Bar LLC • 7372 Kirkwood Court N, Maple Grove, MN 55369
Beautox Bar WBL LLC • 4503 Allendale Drive, White Bear Lake, MN 55127
Phone: 763-205-6952 • Website: www.beautoxbar.com

SKINVIVE BY JUVÉDERM® PRE- AND POST-TREATMENT INSTRUCTIONS

SkinVive by Juvéderm® is a microdroplet hyaluronic acid treatment designed to improve cheek skin smoothness and hydration. It is not a volumizing lip or cheek filler — think glow and softness rather than lift or plump.

Pre-Treatment Instructions

- Avoid alcohol the week of treatment when possible — at least 24–48 hours before.
- Avoid fish oil, ibuprofen/NSAIDs, aspirin, Vitamin E, and similar blood-thinning supplements the week of treatment if medically appropriate. Do not stop prescribed anticoagulants without your prescribing clinician's OK.
- Arnica Montana pellets 3–5 days before are optional and may help with bruising (available in clinic / Whole Foods / co-op).
- No vaccines or dental work of any kind at least 30 days prior.
- Tell your provider about pregnancy/nursing, allergies, cold-sore history, autoimmune disease, prior filler, or lidocaine allergy.
- Arrive with clean skin; minimize makeup on the treatment area.
- Questions? Call 763-205-6952.

Post-Treatment Instructions

- Temporary swelling, redness, small bumps, tenderness, or itching can occur — usually short-lived.
- Gentle care: cleanse lightly; avoid harsh actives until settled.
- Avoid heavy exercise and heat (sauna, hot tub) briefly — typically 24–48 hours.
- Tylenol is OK for discomfort; avoid NSAIDs/aspirin initially unless prescribed otherwise.
- Do not massage treated areas unless your provider directs you to.
- Results develop over time as hydration and smoothness improve; maintenance treatments may be recommended.
- No vaccines for 30 days after; time dental work per your provider (often ~2–4 weeks), consistent with your SkinVive consent attestations.
- Contact the clinic for concerning pain, unusual color changes, or anything that worries you.

Your follow-up appointment is scheduled for _____.