



BEAUTOX BAR

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MICRONEEDLING PRE- AND POST-TREATMENT INSTRUCTIONS

Microneedling (pen) creates controlled micro-channels to support collagen remodeling and improve skin texture tone. Gentle prep and aftercare help you heal comfortably between sessions.

Pre-Treatment Instructions

- Avoid retinoids, acids, and exfoliants for about 3–7 days before treatment (or as your provider directs).
- Do not arrive with a sunburn on the treatment area.
- Tell your provider about cold-sore history, active acne, pregnancy, or other relevant concerns.
- Arrive with clean skin; no makeup on the treatment area.
- Questions? Call 763-205-6952.

Post-Treatment Instructions

- Use a gentle cleanser. Apply healing ointment for the first days as directed.
- No makeup for about 24–48 hours (or until your provider says it's OK).
- Use a physical (mineral) sunscreen daily once allowed.
- Avoid sweat, gym, and pools for about 24–48 hours.
- Avoid active skincare (retinoids, AHAs/BHAs, strong Vitamin C, etc.) for several days until skin has calmed.
- Expect redness similar to a sunburn, and possible pinpoint bleeding, dryness, or peeling — this is normal.
- A series is often 3–6 treatments spaced about 4–6 weeks apart for best results.

Your follow-up / next session is scheduled for _____.

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