



BEAUTOX BAR

Beautox Bar LLC • 7372 Kirkwood Court N, Maple Grove, MN 55369
Beautox Bar WBL LLC • 4503 Allendale Drive, White Bear Lake, MN 55127
Phone: 763-205-6952 • Website: www.beautoxbar.com

CHEMICAL PEELS PRE- AND POST-TREATMENT INSTRUCTIONS

Chemical peels refresh tone and texture by encouraging controlled renewal of the skin's surface. Peels we offer include SkinMedica Illuminize®, Vitalize®, and Rejuvenize™, plus iS Clinical® Active Peel and Extra Strength Peel. Your provider will match the peel to your skin and goals.

General Pre-Treatment (All Peels)

One Week Before

- Avoid electrolysis, waxing, depilatory creams, and laser hair removal on the treatment area.

Three Days Before

- Avoid retinoids (Retin-A, Renova, Differin, Tazorac), retinol, AHAs/BHAs, benzoyl peroxide, and other irritants.

Please Tell Us

- Cold-sore history, salicylate/aspirin allergy, pregnancy or breastfeeding, recent lasers/fillers/surgery, or sunburn.
- Arrive with clean skin; no actives the morning of your peel.
- Questions? Call 763-205-6952.

Shared Aftercare Basics

- Gentle cleanser, moisturize, and physical SPF daily.
- Do not pick or peel skin off.
- Avoid sun, heat, and exercise that causes heavy sweat for the first few days.
- Delay actives until healed (or as your provider advises).
- Call the clinic for severe burning, blistering, or signs of infection.
- Visible peeling is not a measure of success — results still happen with little flaking.

Aftercare by Peel

SkinMedica Illuminize Peel®

Typically the mildest option. Mild redness or tingle is common; minimal visible peel or flaking is possible. You may resume a gentle routine sooner per your provider — still use SPF every day.

SkinMedica Vitalize Peel®

More peel is possible (mild flake to sheets). Dryness and tightness are common around days 2-5. Keep moisturized; do not pick sheets of skin. Avoid actives until peeling is finished.

SkinMedica Rejuvenize Peel™

Often a stronger response than Vitalize. More visible peeling and redness are possible. Be stricter with sun avoidance; moisturize well; do not peel skin off. Follow any provider product kit if one is given.

iS Clinical® Active Peel

Tingling and temporary redness are common; visible peel varies. Follow any two-step or home-continuation instructions exactly as directed. Hydrate and use SPF diligently.

iS Clinical® Extra Strength Peel

More intense than Active Peel — expect a stronger possible reaction. Extra diligence with moisture, SPF, and no picking. Contact the clinic if your reaction feels severe.

Your follow-up appointment is scheduled for _____.

Beautox Bar LLC (Maple Grove) • Beautox Bar WBL LLC (White Bear Lake) • www.beautoxbar.com • 763-205-6952