



BEAUTOX BAR

Beautox Bar LLC • 7372 Kirkwood Court N, Maple Grove, MN 55369
Beautox Bar WBL LLC • 4503 Allendale Drive, White Bear Lake, MN 55127

B.L.T. Numbing Cream Informed Consent

(Benzocaine, Lidocaine, Tetracaine)

Client Name: _____

Treatment Purpose

B.L.T. (Benzocaine, Lidocaine, Tetracaine) numbing cream is a compounded topical analgesic cream used to numb the skin and improve pain tolerance during cosmetic procedures. It may be applied to the planned treatment area about 15 to 60 minutes before your procedure and may extend the length of your appointment. B.L.T. has associated risks. It is important that you provide a complete medical history so our staff can review and evaluate whether it is appropriate for your treatment.

Reasons / Benefits

- Reduce pain and improve comfort during radiofrequency microneedling procedures
- Reduce pain and improve comfort during injectable treatments (such as fillers and other injections)

How Treatment Is Performed

The numbing cream will be applied to the treatment area. Application time is typically about 15 to 60 minutes before the procedure, depending on the type of treatment. For optimal results, please arrive about 60 minutes early for radiofrequency microneedling and about 15 minutes early for filler / injectable treatments so the cream has time to take effect. The cream will be washed or wiped off before the procedure begins.

Cost and Scheduling

The cost of B.L.T. numbing cream is included in the cost of the treatment. I also understand that any appointment I make that is not cancelled at least 24 hours in advance may be charged a \$100 no-show / late-cancellation fee.

Risks, Side Effects, and Complications

Risks include, but are not limited to:

- Pain, rash, allergic reaction, low blood pressure (hypotension), skin discoloration, infection, burn, scarring, and ineffective numbing



- If numbing cream is used before radiofrequency microneedling, it is important to avoid sun exposure and to wear sunscreen every day to reduce the risk of complications
- If you are tanned or have had excessive sun exposure, please reschedule your appointment at least 6–8 weeks later for a safer, more comfortable treatment
- You may still experience some level of discomfort even with numbing cream
- For laser treatments, settings may be adjusted (including reducing energy/power) to help keep treatment safe and comfortable

Alternatives to Numbing Cream

Alternatives include ice and recommended over-the-counter anti-inflammatory medications (as appropriate and as advised by the provider), proceeding without topical numbing, or postponing / declining the procedure.

Contraindications and Conditions I Must Disclose

I will tell the clinic team if any of the following apply, as B.L.T. may not be appropriate:

- Allergy or sensitivity to benzocaine, lidocaine, tetracaine, other “caine” anesthetics, or any ingredient in the compounded cream
- History of methemoglobinemia or significant blood disorder
- Broken skin, open wounds, infection, or rash in the area where cream would be applied
- Liver disease, heart rhythm problems, or other conditions my provider has advised may interact with local anesthetics
- Pregnancy or breastfeeding (use only if specifically cleared by the provider)
- Use of medications that may interact with local anesthetics, as disclosed in my medical history

Post-Treatment Precautions

- Wash or wipe off numbing cream before the procedure begins (clinic team will direct this)
- If a rash, hypotension, allergic reaction, or other concerning symptom develops, notify the provider immediately so future use of numbing cream can be avoided or modified
- Follow all aftercare instructions for both the numbing cream and the procedure it was used with

Minnesota Informed Consent Notice

Under Minnesota law, patients are entitled to complete and current information about their diagnosis, proposed treatment, alternatives, risks, and prognosis in language they can reasonably understand, and have the right to refuse treatment after receiving that information. See Minn. Stat. § 144.651, subd. 9 (information about



treatment) and subd. 12 (right to refuse care). Obtaining informed consent for tests, procedures, and treatments is also a recognized professional obligation for physicians licensed in Minnesota (see Minn. Stat. ch. 147). By signing this form, I confirm that I have received understandable information about B.L.T. numbing cream, alternatives, risks, and contraindications, have had a chance to ask questions, and am consenting voluntarily.

Acknowledgment and Consent

I consent to treatment with B.L.T. numbing cream. This treatment has been explained to me and I have had the opportunity to ask questions. I understand these treatments are not an exact science and the degree of improvement or comfort is variable. I understand the benefits, risks, treatment process, precautions, and expectations. I understand that the cost of the numbing cream is included in the cost of the treatment, and that appointments not cancelled at least 24 hours in advance may incur a \$100 no-show / late-cancellation fee.

By signing below, I acknowledge that I have read this informed consent (or had it read to me), that my questions have been answered to my satisfaction, and that I wish to proceed with B.L.T. numbing cream. I hereby give consent to Beautox Bar LLC and/or Beautox Bar WBL LLC, and to authorized providers and clinic team members, to apply B.L.T. numbing cream for this and subsequent treatments under this consent unless I revoke it. I hereby release the ordering/supervising provider, the person applying the cream, and the facility from liability associated with this procedure to the extent permitted by Minnesota law, except for claims arising from negligence or willful misconduct.

Client Name (print): _____

Client Signature: _____ **Date:** _____

Clinic Team Member Name (print): _____

Clinic Team Member Signature: _____ **Date:** _____

This consent applies to services provided by Beautox Bar LLC (Maple Grove) and Beautox Bar WBL LLC (White Bear Lake).